

Rainbow 2006

Congratulations on completing the quiz and downloading this FREE article for a quick read. You have proved that you are serious about achieving your 2006 goals.

There is a famous saying that successful people are those who are **proactive** and make things happen while the reactive people are those who drift with time and always wonder why things happened the way they did.

I am sure **YOU** want to be proactive and a Rainbow Creator who wants to live your life **by design** rather than accident.

The Rainbow & Life

The Rainbow is an inspiring phenomenon. We have all seen the arch of beautiful colours and marvelled at its magnificence. The Rainbow represents beauty, hope, optimism and success and it can be related to the beauty of life. The Rainbow actively reflects life.

For a start, when we talk about Creating Your Own Rainbow, we talk about two types of people: the **Rainbow Creators** and Rainbow Chasers. Rainbow Creators know that the treasure lies within them. Rainbow Chasers are always contemplating the 'if only' issues. While the creators are contributors, the chasers are complainers.

Are you a Rainbow Creator or Rainbow Chaser?

The Rainbow and Life

We can draw a parallel between the four distinct features of the Rainbow and life described later in this quick read article. The four distinct features of a Rainbow make it special. As the seven colours in the Rainbow add beauty; so the seven life management principles provide direction in life.

The Seven Life Management Principles:

- R** - **Recognise YOU can make a difference**
- A** - **Authentic change**

- I** - Invoke your determination
- N** - Never give up on yourself: Self image
- B** - Believe in desire & enthusiasm
- O** - Optimal leadership & adventure
- W** - Willing love & encouragement

Four Distinct Features of the Rainbow

Blending

The seven colours of the Rainbow blend into one another and into a singularity that illuminates and captivates the world. This seamless integration ensures the rainbow's grandeur.

Similarly the seamless integration of life management principles differentiates between Rainbow Creators and Rainbow Chasers; the successful and the unsuccessful; the happy and the depressed.

Are you a blender or drifter? Are you ready to assume responsibility for your growth or are you living in a world of self-denial?

Do you know what you want in 2006?

The Inner and Outer Bows

The primary rainbow, which is on the inside, is the one that is distinct and more colourful. The secondary rainbow, on the outside, is dull and less distinct. It starts to fade away as we move away from the core.

Similarly, when it comes to successful human functioning, psychologists talk about primary and secondary needs. The former relates to the core elements intrinsic to people while the latter relates to those usually outside of us. Are you focussing on your primary needs or are you allowing secondary needs to take over your life?

You are responsible for your life.

The Prism

Each colour has a certain wavelength. When a ray of sunshine passes through a drop of rain, the water acts like a prism. Then we see the Rainbow, nature's delight.

Similarly in life, we experience several situations and interactions with people. We create our Rainbows when these situations and interactions act like prisms and help us develop and grow into the best that we can be. Sometimes we become prisms for others, thereby helping others create their Rainbows. Are you a prism for others? Do you remember your prisms?

Are you getting quality feedback for your growth?

Completeness

Though the Rainbow is known by different names across the world, its beauty is equally appreciated the world over. In a Rainbow, the width of each colour depends on the size of the raindrop through which the Rainbow forms. Nevertheless, the beauty of the Rainbow emerges when it is complete and involves all the colours.

Similarly in life, success is about completeness and wholeness. This is only achieved when we focus on all the seven life management principles. Success is not just about one or two dimensions in life. It is about a holistic approach to life.

Have you planned for a balanced approach for 2006?

If you have an opportunity, please do read 'Creating Your Own Rainbow'.

Regards,

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